	Monday			Tuesday			Wednesday			Thursday			Friday		
	Gym	Weight Room	Outside	Gym	Weight Room	Outside	Gym	Weight Room	Outside	Gym	Weight Room	Outside	Gym	Weight Room	Outside
8:00 AM															
8:30 AM															
9:00 AM		Cross Country	Cross Country				Cross Country	Cross Country				Cross Country			
9:30 AM		Cross Country	Cross Country				Cross Country	Cross Country				Cross Country			
10:00 AM		Cross Country	Cross Country				Cross Country	Cross Country				Cross Country			
10:30 AM															
11:00 AM															
11:30 AM															
12:00 PM															
12:30 PM															
1:00 PM					Football			Football			Football				
1:30 PM					Football			Football			Football				
2:00 PM					Football			Football			Football				
2:30 PM					Football				Football		Football				
3:00 PM	Volleyball	Volleyball				Football	Volleyball	Volleyball	Football			Football			
3:30 PM	Volleyball	Volleyball				Football	Volleyball	Volleyball				Football			
4:00 PM	Volleyball	Volleyball				Football	Volleyball	Volleyball				Football			
4:30 PM	Girls Basketball	Girls Basketball		Boys Basketball			Girls Basketball	Girls Basketball		Boys Basketball					
5:00 PM	Girls Basketball	Girls Basketball		Boys Basketball			Girls Basketball	Girls Basketball		Boys Basketball					
5:30 PM	Girls Basketball	Girls Basketball		Boys Basketball			Girls Basketball	Girls Basketball		Boys Basketball					
6:00 PM															
6:30 PM			Baseball			Baseball						Baseball			
7:00 PM			Baseball			Baseball						Baseball			
7:30 PM			Baseball			Baseball						Baseball			
8:00 PM															