

## North Central Winter Sports Plan

### Preface:

We understand that there is a lot of frustration with the constant changing of rules/guidelines. We don't blame you for thinking that some of these don't make sense or that you might not want to follow them, but we ask that you follow all guidelines set by our school. Thanks!

### Pre-Screening:

- All athletes, coaches, and officials will have their temperature taken to make sure it is below 100.4 degrees prior to entering the gym/facility.
  - If someone has a temperature over 100.4 degrees they can wait 5 minutes and then take it again. If they still have a high temperature they will not be allowed to enter.
- Coaches will fill out the COVID-19 Monitoring form provided by the OHSAA and keep a record of each practice and game
- Everyone should have a mask on when entering the gym/facility, including spectators.

### Athletes:

- All athletes should come as prepared for their practice/game as possible to minimize the need for locker room use. This includes wearing as much of your jersey as possible to away games.
- Athletes cannot share a water bottle. They should come to practice with a water bottle filled for themselves.
- Masks shall be worn at all times except when competing or practicing.

### Coaches:

- Masks shall be worn at all times unless they are demonstrating something for the athletes.
- Keep track of what athletes are at practices/games for contact tracing purposes by using the COVID-19 checklist for every practice and game. Provide a copy of this when traveling for away games.

### Facility:

- The compliance officer will be either the Athletic Director or Principal so any questions can be directed towards them.
- Social distancing should be observed whenever possible on the sideline so benches should be arranged to encourage social distancing.
- No water coolers should be used.
- Benches should be wiped down before and after games.
- Locker rooms should be sanitized before and after the visiting team uses them.
- Only athletes, coaches, and officials should be on the sideline. The stage will be reserved for athletes, coaches, and officials.
- Premade ice bags will be available for both teams to use after their events.
- All indoor events will be held in the Varsity gym.

#### Travel:

- Anyone traveling on a bus will be required to wear a mask while on the bus.
- Students can still ride home from an event with their parents as long as they provide a note to their coach prior to leaving the school for their event.
- Seating charts will be kept for all bus rides.

#### Spectators:

- Spectators should screen their temperature prior to coming to events
- 6 feet shall be maintained between anyone outside of your immediate family. Bleachers will be marked to show the recommended 6 feet.
- Masks must be worn at all times by anyone without a condition that prohibits them from wearing one.
- Spectators cannot be on the floor before or after games and cannot visit with students or coaches before or after games.
- In the Varsity gym only athletes and coaches should be on the West side of the gym.
- All spectators should enter through the north doors of the gym and exit through the south doors to create one way traffic.
- Only spectators with a pass will be allowed entry. Spectators will be limited to 4 people per home athlete and 2 people per away athlete.
- Spectators will sit in reserved seats to allow for social distancing for HS games. For JH games the bleachers will be marked to show where to sit for social distancing.
- Coaches will be allowed one person at each event.
- Spectators should leave immediately after the event. No interaction should occur between spectators and athletes after the event. No gathering of spectators should occur in the school after the event.

#### Symptoms (for athletes/coaches):

- If anyone develops symptoms they should isolate until:
  - It has been 10 days since symptoms appeared **AND**
  - They have had no fever for 24 hours without medication to lower fever **AND**
  - Symptoms have improved
  - **OR**
  - Have 1 negative test result and a diagnosis from a doctor to explain symptoms
- If anyone tests positive but doesn't develop symptoms:
  - They should isolate for 10 days since the test
- If you have had close contact with an infected person (being within 6 feet for 15 minutes of someone 2 days before someone develops symptoms up until they are isolated)
  - Quarantine for 14 days before returning

#### Competition:

- We will follow all guidelines set by the OHSAA about when scrimmages and games can occur.
- We reserve the right to change the schedule based on updated health information.

Scoretable Sponsors:

- In the event of a cancelled season(s) scoretable sponsors can request a credit towards their ad for the following season.

Tickets:

- Prices per person:
  - HS - \$5
  - JH - \$2

Elementary:

- Currently there is no plan to have any elementary athletics. This will be revisited later in December to see if we can start in January.